



Ensure Safe Consultancy



CONFINED SPACE RESCUE COURSE (CSRC)

Course Overview



The Confined Space Rescue Course is designed to provide participants with the knowledge and skills necessary to respond to confined space emergencies safely and effectively. The course covers a range of topics, including the identification of confined spaces and associated hazards, risk assessment, equipment familiarization, entry procedures, rescue planning, rescue techniques, post-rescue procedures, and case studies. Through a combination of theoretical learning and practical exercises, participants will gain a comprehensive understanding of confined space rescue principles and practices. The course emphasizes the importance of proper planning, communication, and teamwork in ensuring successful rescue operations. By the end of the course, participants will be able to identify confined spaces and associated hazards, conduct risk assessments, develop effective rescue plans, and implement safe rescue techniques. They will also be able to analyze past incidents, learn from successes and failures, and apply their knowledge to real-life scenarios.

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Course Objectives



Module 1: Introduction to Confined Space Rescue

- Definition of confined spaces
- Types of confined spaces
- Hazards associated with confined spaces
- Legal requirements and regulations

Module 2: Risk Assessment and Hazard Recognition

- Identifying potential hazards
- Risk assessment methodologies.
- Hazard control and mitigation strategies
- Permit-required confined spaces.

Module 3: Equipment Overview

- Personal protective equipment (PPE)
- Communication equipment
- Rescue tools and equipment.
- Atmospheric monitoring devices

Module 4: Confined Space Entry Procedures

- Pre-entry preparations
- Atmospheric testing and monitoring
- Ventilation techniques
- Lockout/tagout procedures

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Module 5: Rescue Planning and Preparation

- Developing a rescue plan
- Rescue team organization and roles.
- Communication protocols
- Practice scenarios and simulation

Module 6: Rescue Techniques and Procedures

- Non-entry rescue techniques
- Entry rescue techniques
- Patient assessment and management
- Extrication methods

Module 7: Post-Rescue Procedures and Reporting

- Debriefing and evaluation
- Incident reporting and documentation
- Reviewing and updating rescue plans

Module 8: Case Studies and Real-Life Scenarios

- Analysis of past incidents
- Lessons learned.
- Applying knowledge to real-life situations

Module 9: Final Assessment

- Written exam
- Practical skills assessment

Module 10: Conclusion and Course Evaluation

- Review of key concepts
- Feedback and course evaluation
- Certification and next steps

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For Whom



The course is suitable for anyone involved in or responsible for confined space work, including safety professionals, rescue team members, and supervisors. It is designed to meet or exceed relevant regulatory requirements and standards, ensuring that participants are equipped with the necessary skills to respond to confined space emergencies effectively.

ENTRY REQUIREMENT



Learners must be able to apply numbers, listen, read, speak & write English at a proficiency level equivalent to the Employability Skills System (ESS-Level-3) Must completed Perform Work in Confined space operation course.

Course Fees



\$150/-

Course Duration



8 hours (Training 7 hours, Assessment 1 hour)

Medium of Instruction



English

Attendance requirements



100% Attendance

Trainer to Trainee Ratio



1: 20 (Classroom)

Assessment



Written Assessment 75%

Practical Assessment – Competent

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Training Methodology - Blended Learning



Lecture Slides presentation, self-directed learning, e-learning, group discussion, presentation sharing of best practice and incident. Hands on practical session.

Passing marks



Pass Criteria is 75%. MCQ, Short Answers & Case Study.

Certifications



Upon successful completion of the course a Certificate of Competency will be awarded by Ensure safe Consultancy Pte Ltd.

Course Venue



No. 3 Soon Lee Street, #02-05, Pioneer Junction, S (627606).



 **Register**



 **For Courses**




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